

APPLICATION TO STUDY  
*Self-Realization Fellowship*  
LESSONS



“Everything else can wait, but your search for God cannot wait.”

—*Paramahansa Yogananda*



# Important Information for Lessons Subscribers . . .

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The aim of Self-Realization Fellowship is to make known to all truth-seekers scientific techniques through which they may attain direct personal experience of God. The printed Self-Realization Fellowship Lessons are arranged from writings and recorded lectures of Paramahansa Yogananda, founder of Self-Realization Fellowship.

Students are sent two Lessons every other week and are encouraged to devote at least a week to studying each Lesson, whether or not they have had a background in metaphysical studies. This is in keeping with the guidelines for study given by Paramahansa Yogananda, who stressed the importance of practicing and assimilating the principles and techniques taught in the Lessons rather than merely studying them intellectually.

## — SUBSCRIPTION PLAN —

There are 180 Lessons numbering through 162/4 (some Lessons have multiple parts). The series covers a period of about 3½ years. To enable all sincere seekers to receive the teachings of Paramahansa Yogananda, the subscription rates given on page 4 have been kept to a minimum and cover only part of the costs of the publications and services you receive. Like other nonprofit religious organizations, we depend upon donations from members and friends to cover the balance of our many expenses in serving a worldwide membership.

Our society in India offers Lessons material identical to that in the American edition, but they are not in the same sequence. Those who reside in India, Andaman Islands, Bangladesh, Bhutan, Maldives, Nepal, Nicobar Islands, or Sri Lanka or who will be returning to these countries before completing the three-year course are encouraged to subscribe to the teachings through: Yogoda Satsanga Society of India; Yogoda Sakha Math; Paramahansa Yogananda Path; Ranchi, 834001, Jharkhand, India.

## — LESSONS IN OTHER LANGUAGES —

Those who do not know English are welcome to request information about Self-Realization Fellowship Lessons available in other languages. This application is for the Lessons in English only.

## — RECEIVING KRIYA YOGA —

After completing the first two steps of the Lessons and faithfully practicing the basic techniques learned in the first year, students are welcome to apply for the sacred technique of Kriya Yoga. Further information is included with Lesson 52/1.

## — FOR MEMBERS OF THE SAME HOUSEHOLD —

If another member of your family residing at the same address wishes to study your set of Lessons, he or she is welcome to enroll as a companionate student. This may be done by signing the Lessons Pledge at the bottom of page 3 (on the line designated for companionate students) and providing on a separate application or sheet of paper the information requested on page 3.

Those studying on the companionate plan share one set of Lessons and receive one copy of all other mailings. The companionate plan is offered to family members living at the same address who will be able to share the same set of Lessons for many years. Because the value of these teachings is realized through frequent study and review, and since one may wish to underline or make notations on sections one finds especially helpful and inspiring, the Lessons become a very personal as well as necessary possession. For these reasons friends or relatives living at the same address only temporarily, or who wish to study together but live at different addresses, are encouraged to enroll separately so that they may receive their own set of Lessons.

There is no additional subscription fee for companionate students—just the onetime enrollment fee of \$8.00 per person for those age 12 or older. Guidelines on introducing your children to the Lessons may be requested from the Mother Center.



